

What I already know:

- Know how to respond to others and their emotions.
- Know that my actions can have effects that last a long time.
- Know that I can connect with others using hobbies.
- Know how to work in a team and communicate with others well.
- Know who helps to make our school happier, better and safer.
- Recognise positive and negative thoughts and how to deal with these.
- Think about challenges for the next academic year.

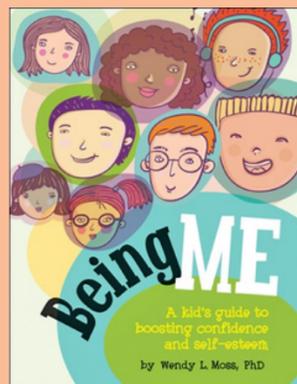
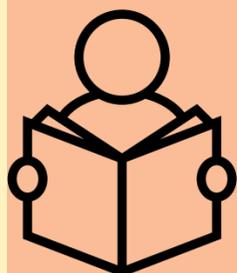
Gems of knowledge



I will be able to:

- Know what things make up a person's identity.
- Know the meaning of self-esteem and discuss my strengths.
- Know that images in media and on social media might be fake or manipulated.
- Think about what responsibilities I have in school.
- Think about challenges that I might face in a new class or new school and how I can overcome these.

I can read



British Values

- Respect and Tolerance
- Individual Liberty

Identity



Who you are, what makes you unique and how you see yourself.

Self-Esteem



How you value yourself and believe in your own worth.

Individuality



What makes you different from everyone else.

Responsibility



Taking care of your actions and doing what you are expected to do.

Opportunity



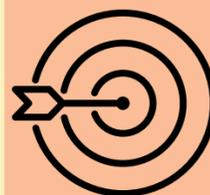
A chance to do something new or have new responsibilities.

Manipulate



To change or control something, like images or news, often to make it look different from the truth.

Goals



Something you want to complete or achieve.