PE

Y56 Cycle A Summer 2

Rounders

What should I already know?

- Show developed control and technique when performing skills at speed.
- Hit the ball with purpose and varying speed.
- Choose skills and tactics to meet the needs of a game situation.
- Explain how your body reacts when taking part in physical activity.

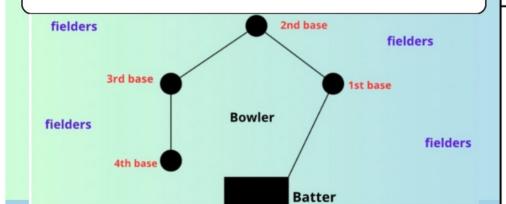
Gems of Knowledge

Procedural Knowledge:

- Perform skills with accuracy, confidence and control.
- Participate in competitive games.
- Retrieve, intercept and stop a ball when fielding.
- Use tactics to outwit your opponent when batting and fielding.
- Work as part of a team and develop tactics together to make it difficult for you opponent.

Declarative Knowledge:

- Develop understanding of how to improve in various skills.
- Create short warm up routines that follow basic principles. EG raising body temperature, mobilise joints and muscles.



FOCUS-

Apply a broader range of skills - Strike with an implement.

<u>ocabulary</u>

Intercept -

Obstructing or preventing the opposition from getting the ball.



<u>Umpire -</u> An official who watches the game and enforces rules.

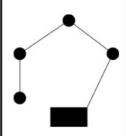


Outwit - Get the better of your opponents by using tactics to deceive them.



Infield -

The inner part of the playing field - close to the bases.



Mobilise -

Prepare the body for movement.



Outfield -

The part of the playing field - further away from the bases.

