

What should I already know?

- How to throw a ball with increasing distance.
- How to work as part of a team and show simple tactics.
- Recognise what I am good at and what I can do to improve my performance.

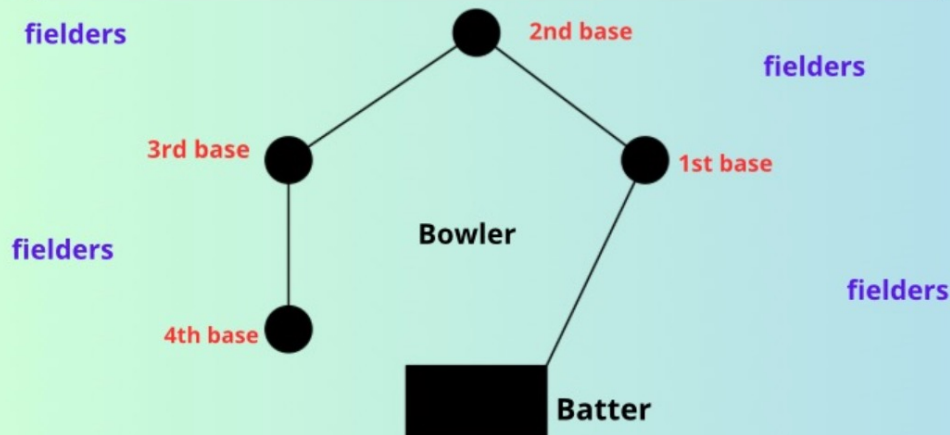
Gems of Knowledge

Procedural Knowledge:

- Show control, coordination and consistency when throwing and catching a ball.
- Hit a ball with increasing accuracy towards a target.
- Choose fielding skills. Take up spaces/positions that make it difficult for the opposition.
- Communicate and compete with others.

Declarative Knowledge:

- Recognise what you do well and what you find difficult.
- Recognise good performances.
- Explain the tactics you have used in games.



FOCUS -

Developing a range of skills - striking

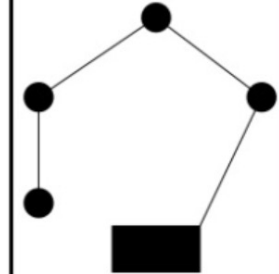
Vocabulary

Coordination -

Using two or more body parts together at the same time.

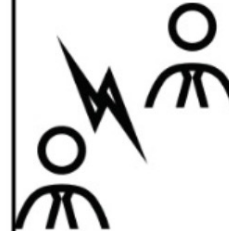


Base - Stations to run around once you have batted. You can stop here.



Opposition -

The team you are playing against.



Fielder - People who catch the ball and return it to the bowler.



Communicate -

Talking to your team with your voice and through signals.



Aiming -

Directing the ball to where you want it to go.

