PE

KSI Cycle B Summer 1

Striking and Fielding - Cricket

What should I already know?

- The different ways I can make a ball move.
- The correct techniques for running faster.
- How to show control with catching.

Gems of Knowledge

What will I do?

- Change direction and speed when moving.
- Show control of a ball, including when striking.
- Prepare my body position to catch a ball.

What will I know?

- That I need to prepare my body position before sending and receiving a ball.
- That using space around me may help me gain control.
- That being active and playing games is good for you!

Famous Cricket players







<u>FOCUS</u> -

Develop our movement skills
Play games with others

Vocabulary

Strike Fielding -Swinging an Trying to cath the ball object to hit the ball Control -Wicket Being in Three stumps charge and which are thinking about often hit bu your the ball. movements **Cushion-**<u>batting</u> -Using your Hitting the hands to ball with the block and bat catch the ball