

#### What should I already know?

- The different ways I can make a ball move.
- The correct techniques for running faster.
- How to show control with catching.

#### Gems of Knowledge

##### What will I do?

- Change direction and speed when moving.
- Show control of a ball, including when striking.
- Prepare my body position to catch a ball.



##### What will I know?

- That I need to prepare my body position before sending and receiving a ball.
- That using space around me may help me gain control.
- That being active and playing games is good for you!

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#### Famous Cricket players



#### FOCUS -

- Develop our movement skills
- Play games with others

### Vocabulary

<b><u>Strike</u></b> Swinging an object to hit the ball		<b><u>Fielding -</u></b> Trying to catch the ball	
<b><u>Wicket</u></b> Three stumps which are often hit by the ball.		<b><u>Control -</u></b> Being in charge and thinking about your movements	
<b><u>batting -</u></b> Hitting the ball with the bat		<b><u>Cushion-</u></b> Using your hands to block and catch the ball	