

**What should I already know?**

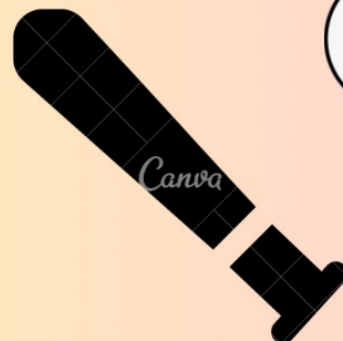
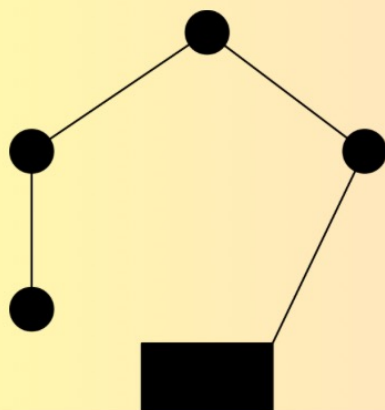
- Can play in a group.
- Take turns and share in games.
- Use space and direction to avoid obstacles.

**Gems of Knowledge****What will I do?-**

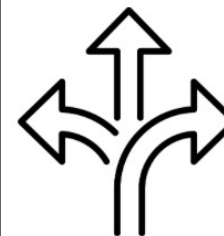
- Understand and follow simple rules for games.
- Move fluently - changing direction and speed.
- Show basic control of a ball.
- Successfully receive a ball.

**What will I know?**

- Describe what you have done or what you have seen others doing.
- Understand why playing games and being active is good for you.
- Notice the effect exercise has on breathing.

**Vocabulary****FOCUS -****Control and Movement****Apply skills to a range of activities****Direction -**

Which way you are travelling!

**Control -**

Keeping the ball close to you and planning your actions.

**Rules -**

Instructions of a game which you must follow.

**Communicate**

- Talk and listen to my teammates.

**Receive -**

Catching or stopping a ball.

**Breathing -**

Air moving in and out of your lungs to help your body get oxygen.

