

CYCLE B: Teachers	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 1	SUMMER 1	SUMMER 2
	Invasion Games	Gymnastics	Gymnastics	Net and Wall	Gymnastics	Striking and fielding
NURS/ REC	SEE CONTINUOUS PROVISION PLANNING					
YEAR 1 / 2	<b>Football</b>  Developing control  [Develop fundamental movement skills]	<b>Gymnastics</b>  Agility and balance  [Develop agility, balance, and coordination].	<b>Gymnastics</b>  Travelling and linking shapes  [Develop agility, balance and coordination]	<b>Volleyball</b>  Throwing and catching  [Develop technique and control]	<b>Gymnastics</b>  Simple sequence patterns  [Master basic movements]	<b>Cricket</b>  Movement skills  [Play games with others]
Year 3 / 4	<b>Football</b>  Blocking and Marking Receiving and sending  [Develop a broader range of skills]	<b>Gymnastics</b>  Creating sequences of movement  [Develop balance]	<b>Gymnastics</b>  Balances  [Develop balance]	<b>Tennis</b>  Cooperative rallies  [Develop technique and control]	<b>Gymnastics</b>  Balancing and Travelling  [Develop flexibility, control and balance]	<b>Cricket</b>  Striking  [Use skills in isolation and in combination]
Year 5/6	<b>Tag Rugby</b>  Attacking  [Apply a broader range of skills].	<b>Gymnastics</b>  Adapting level and speed  Adapting level and speed [Link skills to make actions and sequences of movement]	<b>Gymnastics</b>  Level, speed and direction  [Link skills to make actions and sequences of movement]	<b>Badminton</b>  Cooperation and targeting  [Develop technique and control]	<b>Gymnastics</b>  Dynamic in complex sequences  [Develop flexibility, control and balance]	<b>Cricket</b>  Passing and communicating  [Enjoy communicating with eachother]

### Key

Theme/sport

Skill

National curriculum coverage