

CYCLE A: TEACHERS	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 1	SUMMER 1	SUMMER 2
	Invasion Games	Dance	Dance	Net and Wall	Athletics	Striking and Fielding
NURS/ REC	See continuous provision planning					
YEAR 1 / 2	Handball Ball control [Develop fundamental movement skills]	Dance Movement Patterns [Perform dances using simple movement patterns]	Dance Movement Patterns [Perform dances using simple movement patterns]	Dodgeball Throwing & Catching [Apply skills to a range of activities]	Athletics Coordination and movement [Develop fundamental movement skills]	Rounders Striking [Develop fundamental movement skills]
Year 3 / 4	Netball Blocking, Marking, Receiving, and Sending [Develop a broader range of skills]	Dance Varied Movement Patterns [Perform dances using a range of movement patterns].	Dance Varied Movement Patterns [Perform dances using a range of movement patterns]	Dodgeball Aiming and dodging [Develop technique and control]	Athletics Running, sprinting, jumping, and throwing- [Compare and improve performances with previous ones to achieve their personal best]	Rounders Striking [Develop a broader range of skills]
Year 5/6	Football Attacking and defending [Apply a broader range of skills]	Dance Performance of a dance [Perform dances using a range of movement patterns]	Dance Performance using a range of formations Adapting level and speed [Link skills to make actions and sequences of movement]	Tennis Cooperation and targeting [Develop technique and control]	Athletics Running for speed and distance [Evaluate and recognise their own success]	Rounders Tactics and application of skills [Enjoy competing with each others]

Key

Theme/sport

Skill

National curriculum coverage