PE

Y34 Cycle B- Summer I

Cricket

FOCUS -

Running, throwing and catching.

What should I already know?

- · Show awareness of others when playing games.
- Catch, gather and hit a ball with increasing accuracy.
- . Throw/hit the ball in different ways (slow, fast, high low).
- Understand the importance of warming up.

Gems of Knowledge

Procedural Knowledge:

- · Throw a ball at increasing distances.
- · Hit a ball with the correct technique.
- · Intercept and stop the ball.
- · Show simple tactics and work well as part of a team.

Declarative Knowledge:

- · Recognise what you need to practice to improve.
- . Understand the link between heart rate and breathing when exercising.
- · Develop own warm up activities.

ledge



Cool Cricketers!



Andrew Flintoff



Phill Tufnell

Distance -

Vocabulary

How far away something is.



Wicket - A set of three stumps that the ball must not touch.



Intercept -

Blocking/stopping something from getting to where the sender wanted it to go.

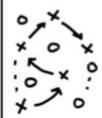


<u>Fielder - People</u> who catch the ball and return it to the bowler.



Tactics -

Carefully planning your actions.



Bowler - The person who throws the ball which will be struck by the bat from the opposite team.

