

What should I already know?

- How to work as a team to solve problems.
- How to communicate with others to achieve success.
- How to improve my stamina and resilience.

Gems of Knowledge**Procedural Knowledge -**

- Show communication skills and teamwork in order to achieve success.
- Lead others; giving clear instructions and maintaining control.
- Showing fairness and critical thought.

**Declarative Knowledge -**

- Support my team mates.
- Think about how I can improve my performance.
- Awareness of the benefits of sport, physical activity and a healthy lifestyle.

Talent wins games, but
teamwork and intelligence
wins championships.

Michael Jordan

FOCUS - Leadership and Communication**Vocabulary**

Stamina - Increasing periods of physical or mental activity.		Collaborate - Working together.	
Leadership - Guiding and organising a group.		Resilience - Recovering quickly from difficulties.	
Problem Solving - Finding solutions and thinking critically.		Compete - Playing against others to win!	