

# Badminton

### What should I already know/do?

- Move with purpose, confidence and control.
- Work together to keep a rally going.
- Use different skills to win games.
- Show control with and without a racket.

### Gems of Knowledge

#### Procedural Knowledge -

- Hit a shuttle with good stand and grip (forehand and back hand).
- Make consistent shots and increase the duration of rallies.
- Serve and return serves.



#### Declarative Knowledge -

- Understand tactics in badminton, such as aiming for a space to beat an opponent.
- Use these tactics to try and win games.
- Demonstrate fluent, fast-paced movements, changing direction and speed.



Shuttlecock



Racket

### FOCUS -

- Cooperation and targeting
- Develop technique and control

### Vocabulary

#### Cooperation -

Working together to achieve success.



#### Stance -

The way you stand when waiting to receive the ball. (Usually with bent legs).



#### Racket -

A bat with a round oval frame used in tennis, badminton and squash.



Offensive - Attacking with the goal of scoring points.



#### Coordination -

Using different parts of the body together and smoothly.



Serve - The first sending of the shuttlecock.

