

What should I already know?

- I can show control with the ball
- I can send a ball in different ways
- I can catch the ball and know that I may need to move to do this.
- I know why exercise is good for me.

Gems of Knowledge

What will I do?

- Catch and gather with control.
- Throw and hit a ball in different ways. EG - High, low, fast, slow.
- Show awareness of others when playing a game.

What will I know?

- Simple tactics - hitting the ball into a space will help me score points.
- Know what I have done well and and use ideas from others to improve my skills.



FOCUS -

Throwing and Catching
Develop technique and control

Vocabulary

<p>Control - Being in charge of how you move and performing actions carefully.</p>		<p>Aim - Directing where you want the ball to go.</p>	
<p>Technique - A skillful way of doing something.</p>		<p>Success - Doing something well!</p>	
<p>Tactics - Carefully planning your actions.</p>		<p>Serve - The first sending of the ball.</p>	

Where can I play volleyball?

