

#### What should I already know?

- How to move with the ball, keeping it under close control.
- As a team, keep possession of the ball.
- Send and receive the ball with increasing accuracy.
- Show simple tactics and recognise good performances.

#### Gems of Knowledge

##### Procedural Knowledge -

- Keep the ball under control whilst changing direction.
- Pass, shoot and receive a ball with improving accuracy, control and success
- Use a range of tactics to keep possession of the ball; and explain simple tactics
- in game situations.



##### Declarative Knowledge -

- Explain and apply basic attacking and defending principles.
- Recognise what you need to practice to improve your performance.
- Describe how your body feels when exercising and understand the link between heart rate and breathing when exercising..

**Talent is never enough. With few exceptions, the best players are the hardest workers"**  
- Magic Johnson

### FOCUS - Basketball - Passing and Shooting

#### Vocabulary

<p><b>Possession -</b> Having control of/taking the ball.</p>		<p><b>Dribble -</b> Moving with the ball by continuously bouncing it on the ground. <b>RECAP -</b> How is this different to football?</p>	
<p><b>Bounce pass -</b></p>		<p><b>Tactics -</b> Planned actions to achieve control.</p>	
<p><b>Chest pass -</b></p>		<p><b>Attacking -</b> Acting quickly and staying aware to maintain control/possession</p>	