

# CHARACTER EDUCATION

Me and My Relationships  
Spring 1  
Cycle B Year 3/4

## What I already know:

- Describe how my behaviour affects other people.
- Explain how relationships can change.

## British Values

- Democracy
- Rule of Law
- Respect and Tolerance
- Individual Liberty

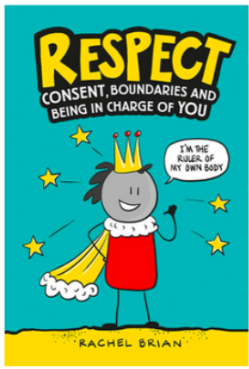
## Gems of knowledge










### I will be able to:

- To recognise and understand changing emotions as they grow up.
- To learn strategies to express how they are feeling.
- To know that there are 'safe' and 'unsafe' touches
- To understand that loss and change are a natural part of life's experiences.
- To think about how behaviour affects others.

## What can I read?



## Key Vocabulary

emotions		a strong feeling such as joy or fear. When one feels an emotion, there are physical changes such as crying, or trembling.
moods		The way a person feels at a certain time.
safe		Free from the risk of harm.
unsafe		At risk of harm.
private		Personal to you and not to be shared.
relationship		A connection between people.
uncomfortable		Not feeling at ease.