Y56 Cycle B - Autumn2

Outdoor and Adventure -

What should I already know?

- The more I take part in physical activity, the better my stamina will get.
- The importance of communication and teamwork.
- How teamwork is involved of all parts of life, not just sports.

Gems of Knowledge

Procedural Knowledge -

- Follow directions and find clues.
- Problem solving
- Improve my stamina and resilience.

Declarative Knowledge -

- How to use and follow a map.
- How to create my own map.
- How to use keys on a map.
- Team work and communication.



Amazing Adventurers!



Bear Grills



Steve Backshall

FOCUS - Orienteering Planning and map reading

<u>Vocabulary</u>

Stamina -

Increasing periods of physical or mental activity.



Collaborate -

Working together.



<u>Compass -</u> a piece of

equipment with magnetic bearings which shows directions.



Key -

An explanation of the lines and symbols on a map



Orienteering -

Finding your war with use of a map or a compass.



Compete -

Playing against others to win!

