

Physical Development



Children improve their gross and fine motor skills daily by engaging in different Funky Fingers activities (threading, cutting, weaving, playdough), mark making, construction, drawing, writing, Dough Disco, PE sessions such as gymnastics, dance, and ball skills led by Bee Active

<p><u>3-4 year olds</u> <b>Gross Motor Skills</b> I can climb confidently</p> <p><b>Fine Motor</b> I am starting to use my motor skills to carry out tasks e.g. pouring drinks and exploring tools (<a href="#">playdough</a> tools etc.)</p>	<p><u>3-4 year olds</u> <b>Gross Motor Skills</b> I can run, jump and hop I can climb stairs using alternate feet</p> <p><b>Fine Motor</b> I can start to eat using a knife and fork I am starting to use my motor skills to carry out tasks e.g. pouring drinks and exploring tools (<a href="#">playdough</a> tools etc.)</p>	<p><u>3-4 year olds</u> <b>Gross Motor Skills</b> Start taking part in some group activities which they make up for themselves, or in teams</p> <p><b>Fine Motor</b> I can show a preference for a dominant hand</p>	<p><u>3-4 year olds</u> <b>Gross Motor Skills</b> I can decide how to match my movements to the task e.g. run to play chase, crawl through a tunnel, etc</p> <p><b>Fine Motor</b> I can start to eat using a knife and fork I can start to manage zips, putting on coats etc.</p>	<p><u>3-4 year olds</u> <b>Gross Motor Skills</b> Collaborate with others to manage large items, such as moving a long plank safely I can use large scale muscle movements</p> <p><b>Fine Motor</b> I can use one handed <a href="#">tools</a> confidently</p>	<p><u>3-4 year olds</u> <b>Gross Motor Skills</b> I can balance (bikes, scooters, climbing) I can skip, hop and stand on one leg Increasingly able to remember sequences of movements which are related to music and rhythm</p> <p><b>Fine Motor</b> I can use a comfortable grip with good control when using pencils</p>
<p><u>Reception</u> <b>Gross Motor</b> Children will learn to move safely in a space.</p> <p><b>Fine Motor</b> Children will begin to use a tripod grip when using mark making tools.</p>	<p><u>Reception</u> <b>Gross Motor</b> Children will explore different ways to travel using equipment.</p> <p><b>Fine Motor</b> Children will accurately draw lines, circles and shapes to draw pictures.</p>	<p><u>Reception</u> <b>Gross Motor</b> Children will be able to control a ball in different ways.</p> <p>Children will balance on a variety of equipment and climb.</p> <p><b>Fine Motor</b> Children will handle scissors, pencil and glue effectively.</p>	<p><u>Reception</u> <b>Gross Motor</b> Children will jump and land safely from a height.</p> <p><b>Fine Motor</b> Children will use cutlery appropriately.</p>	<p><u>Reception</u> <b>Gross Motor</b> Children will move safely with confidence and imagination, communicating ideas through movement.</p> <p><b>Fine Motor</b> Children will hold scissors correctly and cut out small shapes.</p>	<p><u>Reception</u> <b>Gross Motor</b> Children will be able to play by the rules and develop coordination.</p> <p><b>Fine Motor</b> Children will form letters correctly using a tripod grip.</p>
<p><b>Gross Motor:</b> Negotiate space and obstacles safely, with consideration for themselves and others. -Demonstrate strength, balance and coordination when playing. -Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</p> <p><b>Fine Motor:</b> Hold a pencil effectively in preparation for fluent writing - using the tripod grip in almost all cases; - Use a range of small tools, including scissors, paint brushes and cutlery; - Begin to show accuracy and care when drawing.</p>					