

CYCLE B: Teachers	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 1	SUMMER 1	SUMMER 2
Theme/ sport Skill National curriculum coverage	Invasion Games	Dance	Gymnastics	Net and Wall	Athletics Track	Striking and Fielding
NURS/ REC	SEE CONTINUOUS PROVISION PLANNING					
YEAR 1 / 2	Football Developing control Develop fundamental movement skills	Dance Movement patterns Perform dances using simple movement patterns	Gymnastics Travelling and linking shapes Develop agility, balance and coordination	Volleyball Throwing and catching Develop technique and control	Athletics Running, jumping and throwing Develop fundamental movement skills	Rounders Striking Develop fundamental movement skills
Year 3 / 4	Football Blocking and marking receiving and sending Develop a broader range of skills]	Dance Varied movement patterns Perform dances using a range of movement patterns	Gymnastics Balances Develop balance	Tennis Cooperative rallies Develop technique and control	Athletics Running, jumping and throwing Use skills in isolation and combination	Rounders Striking Develop a broader range of skills
Year 5/6	Tag Rugby Attacking Apply a broader range of skills	Dance Performance using a range of formations Perform dances using a range of movement patterns	Gymnastics Level, speed and direction Link skills to make actions and sequences of movement	Badminton Cooperation and targeting Develop technique and control	Athletics Passing and communicating Enjoy competing with each other	Rounders Strike with an implement Apply a broader range of skills